



		<i>Boys Field</i>					
		<i>Updated May, 2022</i>					
		<i>SHOT PUT</i>				<i>DISCUS</i>	
	2022	Luis Martinez	58'3"		2015	Mau Ena	163'11"
	2015	Mau Ena	52'11.5"		2022	Luis Martinez	147'
	2016	Chris Mann	50'8"		2015	David Faatuiese	143'2"
	2015	Joe Kaletta	48'10"		2015	Joe Kaletta	139'3"
	2019	Noah Watson	46'10"		2013	David Zumwalt	135'4"
	2012	David Zumwalt	45'9"		2014	Ydan Guerrero	134'1"
	2014	Ydan Guerrero	43'3.5"		2019	Noah Watson	127'5"
	2012	Aaron Leuma	42'11"		2019	Connor Luck	125'8"
	2013	Joseph Hamblin	42'11"				
		<i>LONG JUMP</i>				<i>TRIPLE JUMP</i>	
	2018	Connor Luck	23'4.75"		2018	Andy Orozco	43'0"
	2016	Zach Morel	22'1 1/2"		2018	Marcquie Mikes Jr	42'9"
	2013	JC Williams	21'6"		2017	Kevin McKinzie	42'1.75"
	2014	Troy Warner	21'4"		2019	Jacob Blas	41'6.25"
	2015	George Kostadinov	20'6.5"		2013	JC Williams	41'4"
	2012	Cody Curtin	20'4"		2014	Renzo Caina	41'4"
	2015	George Kostadinov	20'6.5"		2013	Nathan Antonio	40'5"
	2021	Ty Stanislas	20'6"				
		<i>HIGH JUMP</i>				<i>POLE VAULT</i>	
	2021	Ty Stanislas	6'6"		2021	Arran Fahey	15'7"
	2015	Davin Lemon	6'5"		2017	Brandon Klein	15'
	2013	JC Williams	6'5"		2017	Paul Bonifacio	13'7"
	2017	Koby Wood	6'0"		2015	Brendan Cox	13'6"
	2014	Jean-Luc Williams	6'0"		2021	Joey Brooks	13'3"
					2019	Connor Luck	13'3"
					2012	Andrew Mueller	12'1"
					2014	Esteban Senteno	12'0"



		<i>Girls Field</i>				
		<i>Updated 6/1/2022</i>				
		<i>SHOT PUT</i>			<i>DISCUS</i>	
	2019	Lizbeth Mata	35'7.5"		2014	Ashley Washburn 118'4"
	2015	Dalia Campuzano	31'7"		2017	Camille Malauulu 108'2"
	2016	Delissa Jimenez	31'1"		2022	Sarina Schultess 99'3"
	2019	Aliyah Perez	30'10"			
	2014	Ashley Washburn	30'9.5"			
	2021	Sarina Schultess	29'9"			
		<i>LONG JUMP</i>			<i>TRIPLE JUMP</i>	
	2015	Asia Smith	19'0.5"		2012	Jordyn McMaster 35'8"
	2012	Michelle Fikete	16'8.5"		2016	Courtney Carpenter 34'6 1/2"
	2012	Jordyn McMaster	16'6.5"		2012	Michelle Fekete 34'10.5"
	2013	Nayyirah Fardan	16'6"		2018	Victoria Navarro 33'10.5"
	2021	Summer Sergeant	16'6"		2020	Kohana Akita-Ayers 33'1"
	2016	Courtney Carpenter	16'5.5"		2012	Gina Tedrow 32'11"
	2018	Victoria Navarro	16'4.5"		2016	Alia Scott 32'9.5"
	2019	Kohana Akita-Ayers	16'4.5"		2019	Elizabeth Navarro 32'3.5"
	2016	Kylie Brooks	16'3.75"		2013	Amanda Puryear 32'0.5"
	2013	Nayyirah Fardan	16'		2012	Nayirrah Faradan 32'0.25"
					<i>POLE VAULT</i>	
		<i>HIGH JUMP</i>			2017	J Tampon 10'6"
	2015	Asia Smith	5'6"		2022	Kayla Uhlmansiek 9'3"
	2012	Jade Huska	5'2"		2018	K Harris 9'6"
	2014	Neorah Manley	5'0"		2018	J Cacho 9'6"
	2012	Andrea Ringler	5'0"		2017	C Chau 9'4"
	2018	Victoria Navarro	4'8"		2012	Michelle Fekete 8'9"
	2016	Karina Ehrig	4'8"		2013	Laura Odermatt 8'6"
					2022	Melina Lopez 8'6"
					2022	Grace Staff 8'6"

Boys Regional Champions			Girls Regional Champions		
	POLE VAULT			100 METERS	
2021	Arran Fahey		2021	Summer Sergeant	
			2015	Suzie Acolatse	
			2014	Suzie Acolatse	
			2013	Suzie Acolatse	
	SHOT PUT				
2021	Luis Martinez			200 METERS	
			2015	Suzie Acolatse	
			2014	Suzie Acolatse	
	HIGH JUMP				
2013	JC Williams				
				300 HURDLES	
			2017	Alia Scott	
			2018	Alia Scott	
				1600 METERS	
			2021	Bella Longo	

		<b>Varsity Lettering Marks</b>					
		<b>14 weeks of perfect attendance</b>					
		<b>Plus ONE of the following:</b>					
		<b>a) 8 points competing on the varsity level    b) one of the following marks...</b>					
	<b>Boys</b>			<b>Girls</b>			
<b>100</b>		<b>11.7</b>		<b>100</b>		<b>13.40</b>	
<b>200</b>		<b>23.9</b>		<b>200</b>		<b>28.50</b>	
<b>400</b>		<b>54.5</b>		<b>400</b>		<b>67.00</b>	
<b>800</b>		<b>2:06.00</b>		<b>800</b>		<b>2:40.00</b>	
<b>1600</b>		<b>4:48.00</b>		<b>1600</b>		<b>5:50.00</b>	
<b>3200</b>		<b>10:20</b>		<b>3200</b>		<b>12:55.00</b>	
<b>110HH</b>		<b>17.1</b>		<b>110HH</b>		<b>18.30</b>	
<b>300IH</b>		<b>44.1</b>		<b>300IH</b>		<b>52.80</b>	
<b>High Jump</b>		<b>5-6</b>		<b>High Jump</b>		<b>4'6"</b>	
<b>Long Lump</b>		<b>18-6</b>		<b>Long Lump</b>		<b>15'0"</b>	
<b>Triple Jump</b>		<b>39-6</b>		<b>Triple Jump</b>		<b>31'0"</b>	
<b>Pole Vault</b>		<b>12'0"</b>		<b>Pole Vault</b>		<b>8'0"</b>	
<b>Shot Put</b>		<b>41'</b>		<b>Shot Put</b>		<b>28'0"</b>	
<b>Discus</b>		<b>119'0"</b>		<b>Discus</b>		<b>90'0"</b>	
<b>Note: The coaching staff, at their discretion, may letter any athlete due to extenuating circumstances</b>							

# Quality Marks

"Good" performances = High School

<b>Boys</b>		<b>Girls</b>	
<b>100</b>	<b>11.5</b>	<b>100</b>	<b>12.90</b>
<b>200</b>	<b>22.5</b>	<b>200</b>	<b>25.90</b>
<b>400</b>	<b>52.1</b>	<b>400</b>	<b>59.90</b>
<b>800</b>	<b>1:58.8</b>	<b>800</b>	<b>2:25</b>
<b>1600</b>	<b>4:24.9</b>	<b>1600</b>	<b>5:25</b>
<b>3200</b>	<b>9:45.9</b>	<b>3200</b>	<b>11:45</b>
<b>110HH</b>	<b>15.9</b>	<b>110HH</b>	<b>16.90</b>
<b>300IH</b>	<b>42.9</b>	<b>300IH</b>	<b>51.90</b>
<b>4x100</b>	<b>42.5</b>	<b>4x100</b>	<b>5-0</b>
<b>4x200</b>	<b>1:35</b>	<b>4x200</b>	<b>16-4</b>
<b>4x400</b>	<b>3:29</b>	<b>4x400</b>	<b>16-4</b>
<b>4x800</b>	<b>8:30</b>	<b>4x800</b>	<b>10:35</b>
<b>DMR</b>	<b>10:40</b>	<b>DMR</b>	<b>13:40</b>
<b>High Jump</b>	<b>6-0</b>	<b>High Jump</b>	<b>5-0</b>
<b>Long Lump</b>	<b>20-0</b>	<b>Long Lump</b>	<b>16-4</b>
<b>Triple Jump</b>	<b>40-0</b>	<b>Triple Jump</b>	<b>32-0</b>
<b>Pole Vault</b>	<b>13-0</b>	<b>Pole Vault</b>	<b>8-6</b>
<b>Shot Put</b>	<b>42'</b>	<b>Shot Put</b>	<b>30'</b>
<b>Discus</b>	<b>120'</b>	<b>Discus</b>	<b>100-0</b>

		Recent Collegiate Athletes	
		Suzie Acolatse	UCLA
		Summer Sergeant	Baylor
		Bella Longo	Colorado
		Connor Luck	Dartmouth
		Jesus Villareal	Chico State
		Dominic Castro	Biola
		Joey Acosta	Stanislas State
		Jordyn Altieri	Goucher
		Christian Trickey	SD Mesa
		Francisco Dolores	SD Mesa
		Nathan Hale	CSU San Marcos
		Mark DeHaro	CSU San Marcos
		Luis Martinez	West Liberty
		Tre Waters	Mount San Antonio